***Life Skills Distance Learning May 11th-May 14th***

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| **TIMES** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** |
|  | **Communication/PE** | **Vocational/Independent living** | **Functional Academic/PE** | **Domestic/Leisure/Safety Travel** |
| 9:00 AM – 9:30 AM | **\*Morning Meeting/Meditation**  **Group 1 (8:45-9:00)**  **Josh, Troy, Trevor, Frank**  **\*Speech Live Lesson**  **\*Morning Meeting/Meditation**  **Group 2 (9:05-9:20)**  **Jack, Alex, Jamie, Carter, John**  **\*Speech Live Lesson** | Morning Yoga  <https://www.youtube.com/watch?v=Td6zFtZPkJ4> | Morning Meditation  <https://www.youtube.com/watch?v=vYQy8-7Ut1E> | Morning Yoga  <https://www.youtube.com/watch?v=Td6zFtZPkJ4> |
| 9:30 AM – 10:00 AM | **Physical Education**  Click on Mr. Helsel Website for P.E. activities  [Teacher Website](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.cbsd.org%2FDomain%2F1847&data=02%7C01%7CMCASTELLI%40CBSD.ORG%7C072b12f5b82743a45ab108d7d51197ee%7Caa0b488ffc9e4185a5e3384220df23ca%7C0%7C0%7C637212143831625052&sdata=nh45u%2F729I5Fc9tL0GO159hqeVtHu8HuWivzPCQApR0%3D&reserved=0) | **\*Functional Academic/Independent Living Live Lesson**  **USL Reading “Chapter 1-Planning for a Future”**  **Group 1-Josh, Troy, Trevor, Frank**  **\*PT**  **\*JR & Mrs. Sands** | **Physical Education**  Click on Mr. Helsel Website for P.E. activities  [Teacher Website](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.cbsd.org%2FDomain%2F1847&data=02%7C01%7CMCASTELLI%40CBSD.ORG%7C072b12f5b82743a45ab108d7d51197ee%7Caa0b488ffc9e4185a5e3384220df23ca%7C0%7C0%7C637212143831625052&sdata=nh45u%2F729I5Fc9tL0GO159hqeVtHu8HuWivzPCQApR0%3D&reserved=0) | **Leisure**  **Puzzle Challenge**  **Chick on the link for more details**  <https://flipgrid.com/f87f57f6> |
| 10:00 AM – 10:30 AM | **Functional Writing/Math**  Write/Type Name  Write/Type Personal Information  Log in to Boom Cards    Login to IXL.com and work on Math & Reading comprehension | **\* Functional Academic/Independent Living Live Lesson**  **USL Reading**  **“Chapter 1-Planning for a Future”**  **Group 2- Jack, Alex, Jamie, Carter, John** | **Functional Writing/Math**  Write/Type Name  Write/Type Personal Information  Log in to Boom Cards    Login to IXL.com and work on Math & Reading comprehension | **Meal Prep**  For today’s lunch write or type out materials needed  For today’s lesson write or type ingredients/food items needed |
| 10:30 AM – 11:00 AM | **Domestic/Cooking**  Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.  Turkey Sandwich <https://flipgrid.com/ba74fe84>  Tuna Melt <https://flipgrid.com/2d958094>  Pancakes  <https://flipgrid.com/b935eccf> | **Domestic/Cooking**  Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.  Turkey Sandwich <https://flipgrid.com/ba74fe84>  Tuna Melt <https://flipgrid.com/2d958094>  Pancakes  <https://flipgrid.com/b935eccf>  JF- Mrs. Burgio | **Domestic/Cooking**  Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.  Turkey Sandwich <https://flipgrid.com/ba74fe84>  Tuna Melt <https://flipgrid.com/2d958094>  Pancakes  <https://flipgrid.com/b935eccf> | **\*Domestic/Cooking**  **Group 1-Josh, Troy, Trevor, Frank**  **\*Group OT**  **(FD OT 10:45-11:00)**  **\*Live Lesson on making Pizza Bagels**  \* If you do not have a bagel use an English muffin, bread or a roll. Steps will be sent out later this week. |
| 11:00 AM – 11:30 AM | Lunch | Lunch |  | **\*Domestic/Cooking**  **Group 2-Jack, Alex, Jamie, Carter, John**  **\*OT**  **(JF OT 11:15-11:30)**  **\*Live Lesson on making a Pizza Bagels**  \* If you do not have a bagel use an English muffin, bread or a roll. |
| 11:30 AM – 12:00 PM | Lunch Cleanup | Lunch Cleanup | Live Lunch with classmates & Teacher | Lunch Cleanup |
| 12:00 PM – 1:00 PM | **Who are you thankful for?**  Click on the link and share with your classmate who you are thankful for. Listen to your classmate’s post and ask a question or make a comment on your classmate’s post.  <https://flipgrid.com/cf682b76> | **Vocational Work**  Click on the link for vocational task ideas. You may need your FlipGrid ID to access  Clerical job # 1 <https://flipgrid.com/a5ec72df>  Clerical job # 2 <https://flipgrid.com/3ba1b499>  Matching <https://flipgrid.com/dda3dfa1>  Sorting by Color <https://flipgrid.com/4f16afc3>  Counting Sets <https://flipgrid.com/41bc4e39> | **News-2-You**  **Thanking Hospital Workers**  **\*Story and activities will be sent in an e-mail**  **JR & Mrs. Sands**  **JF & Mrs. Burgio** | **Safety Travel**  **Take a walk in your neighborhood and practice these safety travel rules.**  **\***Walk with an adult or older sibling  \*Eyes & head up while walking  \*Look for cars backing out of driveways  \*Look for cars before crossing a street  \*Walk on the sidewalk if you have a sidewalk  \*Practice social distancing when walking past someone. 6 feet apart  **\*Bingo Night\***  7:00-8:00- An email and Teams invite will be sent separately with more details. |

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